

Over the Top

Recognizing, understanding, and supporting trauma survivors

*A workshop for professionals, community members, and those with
friends or family members affected by trauma*

Monday, July 11th at High Reach Farm in Danville, VT

9:30am - 4:30pm

Registration deadline - Friday, June 27th.

Trauma is puzzling, frightening, and becoming more common.

Many of us are looking for answers to:

- When is it just quirky, bad manners or eccentric and when is it trauma related?
- What is going on the brain and central nervous system?
- What do I need to understand about how trauma affects people's lives?
- What tools do I need to be helpful to someone affected by trauma?

We are all touched by the effect of trauma on people's lives. This workshop is designed to give us knowledge and tools to interact more effectively with trauma survivors.

In this workshop you will learn to:

- Recognize some of the signs of trauma.
- Use appropriate tools to respond
- Manage your own response to the situation

The day will include presentation, discussion and case study. Bring your own short scenarios to add to the richness of the conversation.



Margaret Joyal is an animated and enjoyable presenter with a wealth of experience in mental health issues. She is the current Director for Washington County Mental Health Services Counseling and Psychological Services, and co-founder of LINCS adult trauma treatment program. She has held leadership roles in a number of mental health clinical settings in Vermont. In addition to her clinical leadership, she is a member of the Vermont Association for Mental Health and Addiction Recovery, the National Association for Rural Mental Health and has been held key positions with the Vermont Psychological Association, the North American Masters Psychologists, for which she served as President and is the current Past President, and is Chair of the Adult Outpatients Director's Group, a committee of the Council for Developmental and Mental Health Services. Ms. Joyal is a trainer and consultant on developing trauma related services in the state and has provided trainings and workshops on recent advances in trauma treatment, effects of psychological trauma, treatment of PTSD, and treating survivors of childhood abuse. She is a current

Consultant Trainer for the Center for Crime Victim Services and the Agency of Human Services. Ms. Joyal has served on the State of Vermont, Agency of Human Services Trauma Workgroup which was charged with transforming state-based services to become more trauma informed across Agency programs. She currently serves on the Child and Family Trauma Workgroup, focused on providing trauma informed services to children and families.

Cost: \$169 (includes welcome coffee and muffins, a farm prepared luncheon, and morning and afternoon snacks.)

Location The Farmhouse at High Reach Farm, Danville, VT

Directions Visit www.highreachfarm.com & click "Directions" in the right hand panel

**During the lunch hour you can take a walk on one of our paths
or stroll through a Christmas tree field.**

Registration for Over the Top

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Name	
Phone	Day:
	Evening:
Address	
City, State, Zip Code	
Email	

Method of Payment
Cost is \$169 (includes welcome coffee and muffins, a farm prepared luncheon, and morning and afternoon snacks.
Business Name:
<input type="checkbox"/> Check (Enclosed) Made payable to The Farmhouse
<input type="checkbox"/> PayPal
Access PayPal and make a deposit to sterry@highreachfarm.com .
I have deposited \$_____ into PayPal account
<input type="checkbox"/> Credit Card
<input type="checkbox"/> MasterCard <input type="checkbox"/> Visa
Card Number:
Expiration Date:
Name on Card:
Security Code (on back of card):

Print this form & mail to: High Reach Farm, 2847 Tampico Road, Danville, VT 05828 OR
Scan this form and attach it to an email addressed to: sterry@highreachfarm.com